

The **Raising HOPE Mentor Coordinator** is available to provide additional support.

*"This has been a miracle for me. I have had some bumpy experiences that have been met with patience, compassion and tolerance."*



*Raising HOPE is a program of the*



450 Ulster Avenue • Kingston, NY 12401  
845-331-4199

[www.ulsterunitedway.org](http://www.ulsterunitedway.org)



## Become a Mentee

### HELP

Hundreds of women have benefited from the year long program which offers one-on-one mentoring and targeted financial assistance.

### OPPORTUNITY

Women have completed GED courses as well as study in nursing, liberal arts, substance abuse counseling, culinary arts, cosmetology and art history.

### PASSION

We believe in the power of woman to woman mentoring, connecting the mentee to someone who supports, encourages and believes in her potential.

### EMPOWERMENT

Raising HOPE gives Ulster County women tools to become financially and emotionally independent.



We host monthly dinners at the Fair Street Reformed Church for Mentees and Mentors to attend with interesting speakers.  
*(childcare provided)*



## Who is eligible?

If you are over 18 and free of drug, alcohol or domestic violence issues for at least six months you are eligible!

### Here's what you need to do:

- 1. Contact** the Raising HOPE Program Coordinator Amy Summers at 845-331-4199, ext.4 or email her at [asummers@ulsterunitedway.org](mailto:asummers@ulsterunitedway.org) to get an application.
- 2. Complete your application** and email it to the Program Coordinator at [asummers@ulsterunitedway.org](mailto:asummers@ulsterunitedway.org) or mail it to her at United Way of Ulster County, 450 Albany Avenue, Kingston, NY 12401.
- 3. Meet** with the Raising HOPE Mentoring Coordinator, Judith Bromley, for an **in-depth interview** for 1-2 hours. Based on your interview, she will match you with a mentor.
- 4. Meet** your mentor at the **Raising HOPE Orientation/Lunch** (childcare provided).
- 5. With** your mentor, **develop** personal, educational, and professional **goals** you want to achieve.
- 6. Work with your mentor** for one year for 1 hour/week to achieve your goals.

***“Raising HOPE brings women together to give, share, grow and learn from one another. The program has had a profound impact on the lives of both mentors and mentees who have been privileged to participate.”***